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AUTHOR	Consalvo, Carmine M.
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ABSTRACT

This book aims to assist facilitators and trainers of human resource development in the use of outdoor games as a vehicle for learning. The games address such work-related areas as communication, decision making, problem solving, teamwork, leadership, and goal setting. The introduction offers a commentary on how and why the use of experiential games and fantasy in an outdoor context enhances training. Guidelines for trainers cover logistical and psychological preparation, determining the appropriate level of challenge, safety issues, explaining games to participants, situations in which the trainer should intervene, the use of cameras, the importance of reviewing and critical reflection, and the sequencing of outdoor activities. The 63 outdoor games are presented in a standard format that includes a summary, objectives, required materials, time limits, procedures, comments on potential strengths and difficulties of the game, and game variations. Also included are a list of additional resources and an index that lists games by objective. Objectives include: communication, creativity, cooperation/competition, decision making, ending, energizer, ethics, evaluations, interdependence, goal setting, interteam collaboration, leadership, planning, problem solving, quality, rewards, risk taking, starter, team building, team learning, teamwork, and trust. (LP)

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